



August 16, 2023

Dear Assisteens and Families:

Welcome Assisteens, to our first meeting – the “Meet & Greet,” which will be held on **Monday, August 28, 2023, 6:30 to 7:30 PM.** This will be a welcome and orientation meeting for all former and new Assisteens members.

The meeting will be held in the ALF Chapter Meeting Room (CMR) at 4607 Oakwood Avenue, La Cañada Flintridge. The CMR is located behind the Bargain Box Thrift Shop. You may park in the lot and walk down the driveway to the left of the Chapter House.

We are going to hit the ground running at the “Meet & Greet.” This is an important meeting that you won't want to miss. You will have the opportunity to learn the details of the program, meet your team members, and to sign up for both committee chair positions and Bargain Box shifts. We will distribute the Assisteens folders that will provide information you will need during the year. It will contain a list of meeting dates, Bargain Box information, a Student Roster of members and Hours Sheets. It is very important that you keep track of the hours you devote to Assisteens on your Hours Sheet.

We are pleased to announce the new slate of Governing Body officers, duly elected last spring who will run the General Meetings. They are:

Chair, Jada Yang

Vice Chair, Ava Stygar

Corresponding Secretary, Reid Shanas

Treasurer, Emma Oakland

Recording Secretary, Olivia Wang

The General Meetings are scheduled on Mondays from 6:30 to 7:30 PM, avoiding holidays. Since meetings are held only once a month, Assisteens are **expected** to attend **all** General Meetings and should let the Assisteens Coordinators know if a meeting will be missed.

The meeting schedule is as follows:

August 28, 2023	Meet & Greet
September 25, 2023	General Meeting
October 23, 2023	General Meeting
November, 2023	No Meeting
December, 2023	No Meeting
January 22, 2024	General Meeting
February 26, 2024	General Meeting
March 25, 2024	General Meeting
April 22, 2024	General Meeting
May 20, 2024	Medallion Event

A variety of activities occur at the meetings. Some meetings have informative presentations and some are “working meetings” where the Assisteens will be working toward a philanthropic project or event. Assisteens work in teams and may be required to bring supplies on a particular date. Signup sheets will be available at the meetings and online.

In addition, Assisteens should sign up to work in the Bargain Box Thrift Shop on Saturdays. This year, students will be required to work AT LEAST ONE Bargain Box shift on the 2nd Saturday of the month and AT LEAST ONE shift on any other Saturday when assistance is needed. Of course, students may work more than the required number of days and often do. The shifts are 9:30 AM to approximately 1:15 PM. We will further explain the role of Assisteens, the Bargain Box, the philanthropic projects and other opportunities during the first meeting.

Moreover, we try our best to communicate well with Assisteens and their families. Most of our information will be sent through email. If you feel you missed something, please look at our website at <https://alflintridge.org/volunteer/join-us/assisteens/meetings-news/>. We duplicate all important emails there. Students will also receive meeting reminders via text through the Remind app.

Thank you for your commitment to Assisteens. We welcome you to what will surely be a great Assisteens year! You will receive a reminder and agenda next week for our first meeting on Monday, August 28, 2023 at 6:30 PM. If you have any questions – at all – please contact us!

Britta Foshee & Nancy Scher  
Assisteens Coordinators for 2023-2024  
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